

# Developing a Person Centred Approach to the Support and Care of People With Dementia

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## Aims of Presentation:

- Overview of policy and related context.
- Outline the principles of person-centred care.
- Highlight the need for whole-system approaches and shared vision.
- Where should we go from here?
- Any questions???

## Policy Context

- For too long OPMH services haven't had the direction they needed.
- There are some excellent services, but their development is hampered and often not sustained.
- We fall between two stools.....



## So What's In Place Now?

- 2 NSF's (Older People and Mental Health)
- White Paper (2006)
- Everybody's Business – A Service Development Guide (2005)
- GMS Contract
- Undertaking by Inspection Bodies
- CSIP National Older People's Mental Health Programme
- OPMH Mapping of Services
- Managed Learning Networks
- National Audit Office review

## What's on the Horizon in Terms of Dementia Care?

- Extant costs which dwarf the combined costs for heart disease, cancer and stroke (DH 2005)
- Exponential increase in the incidence of people with learning disability and dementia.
- Implementation of the Mental Capacity Act (2005)
- Challenges associated with dwindling in-patient resources and the need to focus on community-oriented interventions.
- Growing population of more empowered and better-informed service user group.

## Horizons Continued....

- Requirement to end age discrimination in the provision of mental health services.
- Real need to 'mainstream' mental health issues within generic care settings.
- The potential to realise the benefits of assistive technology.
- A re-focus on dementia as a 'way of being'.

## How Will Developing Person-centred Services 'Fit'?

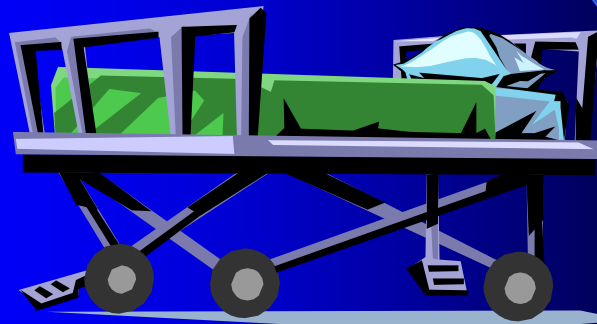
- Central to the development of better care.
- Person-centred care begins with the needs of the person NOT the service.
- Growing evidence that such services **save** far more than they **cost**.
- Need to respond to the growing 'consumer voice' in dementia care.

## Is Integration the Answer?

- Integration of organisations –vs- integration of vision.
- Valuing difference – integrating conflict.
- The need to agree a common purpose.
- Using the levers and drivers at our disposal.
- Harnessing the energy and drive of those providing services.

## OLDER PEOPLE DON'T BLOCK BEDS

- THEY'RE TRAPPED IN THEM!

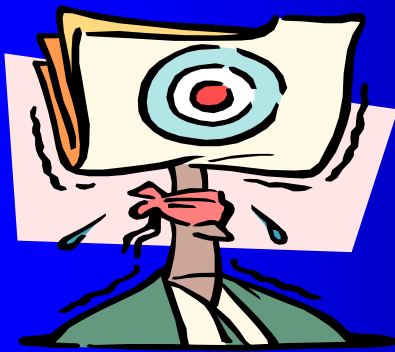


## Where Do We Go From Here?



- Gather evidence of what works and what doesn't.
- Plan for OUR future (it's not too far away).
- Implement 'Everybody's Business'.
- Focus on a common vision and purpose.
- Challenge 'traditional' profile associated with dementia.

## Any Questions?



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